Transgender Non-Fiction
Non-fiction titles exploring what it means to be transgender. Spanning topics from memoirs and history, to parenting a transgender child.

Decolonizing Trans/Gender 101
B. Binaohan
Adult Non-Fiction - 306.768 Bin
Decolonizing Trans/Gender 101 is a short, accessible disruption of the hegemonic and imperial aspirations of white trans/gender theory. It seeks to remedy the reductive (and, thus, violent erasure) that nature of trans/gender 101s that seek to explicate (but really construct) a white trans/gender discourse assumed to have universal legitimacy. A legitimacy that has widespread implications and consequences far beyond the borders of whiteness.

Gender Failure
Rae Spoon
Adult Non-Fiction - 306.768 Spo
Ivan E. Coyote and Rae Spoon are accomplished, award-winning writers, musicians, and performers; they are also both admitted "gender failures." In their first collaborative book, a poignant collection of autobiographical essays, lyrics, and images, Ivan and Rae explore and expose their failed attempts at fitting into the gender binary, and how ultimately our expectations and assumptions around traditional gender roles fail us all.

In the Darkroom
Susan Faludi
Adult Non-Fiction - 800.92 Faludi Fal
In the summer of 2004 I set out to investigate someone I scarcely knew, my father. When the feminist writer learned that her 76-year-old father--long estranged and living in Hungary--had undergone sex reassignment surgery, that investigation would turn personal and urgent. Faludi's struggle to come to grips with her father's reinvented self takes her across borders--historical, political, religious, sexual--to bring her face to face with the question of the age: Is identity something you "choose," or is it the very thing you can't escape?
I'm Afraid of Men
Vivek Shraya
Adult Non-Fiction - 921 Shraya Shr
A powerful meditation on the damaging effects of masculinity from a trans girl--a writer with celebrated indie roots and a knack for dismantling assumptions and challenging the status quo. Toxic masculinity takes many insidious forms, from misogyny and sexual harassment to homophobia, transphobia, and bullying. Vivek Shraya has firsthand experience with nearly all of them. I'm Afraid of Men is a culmination of the years Vivek spent observing men and creating her own version of manhood. Through deeply personal reflection, she offers a rare and multifaceted perspective on gender and a hopeful reimagining of masculinity at a time when it's needed more than ever.

Man Alive
Thomas Page McBee
Adult Non-Fiction - 306.768 Mcb
What does it really mean to be a man? In "Man Alive", Thomas Page McBee attempts to answer that question by focusing on two of the men who most impacted his life--one, his otherwise ordinary father who abused him as a child, and the other, a mugger who threatened his life and then released him in an odd moment of mercy. Standing at the brink of the life-changing decision to transition from female to male, McBee seeks to understand these examples of flawed manhood as he cobbles together his own identity.

Redefining Realness
Janet Mock
Adult Non-Fiction - 921 Mock Moc
In a landmark book, an extraordinary young woman recounts her coming-of-age as a transgender teen--a deeply personal and empowering portrait of self-revelation, adversity, and heroism. In 2011, Marie Claire magazine published a profile of Janet Mock in which she publicly stepped forward for the first time as a trans woman. Redefining Realness offers a bold new perspective on being young, multiracial, economically challenged, and transgender in America.

Stuck in the Middle With You
Jennifer Finney Boylan
Adult Non-Fiction - 800.92 Boylan Boy
A father for six years, a mother for ten, and for a time in between, neither, or both, Jennifer Finney
Boylan has seen parenthood from both sides of the gender divide. When her two children were young, Boylan came out as transgender, and as Jenny transitioned from a man to a woman and from a father to a mother, her family faced unique challenges and questions. In this thoughtful, tear-jerking, hilarious memoir, Jenny asks what it means to be a father, or a mother, and to what extent gender shades our experiences as parents.

To My Trans Sisters
Adult Non-Fiction - 306.768 To
A collection of letters written by successful trans women sharing the lessons they've learned on their journeys to womanhood, celebrating their achievements, and empowering the next generation to become who they really are. Edited by Charlie Craggs.

Tomorrow Will be Different
Sarah McBride
Adult Non-Fiction - 306.768 Mcb
Informative, heartbreaking, and profoundly empowering, Tomorrow Will Be Different is McBride?'s story of love and loss and a powerful entry point into the LGBTQ community?'s battle for equal rights and what it means to be openly transgender. From issues like bathroom access to health care to gender in America, McBride weaves the important political and cultural milestones into a personal journey that will open hearts and change minds.

Trans Bodies, Trans Selves
edt Laura Erickson-Schroth
Adult Non-Fiction - 306.768 Tra
Trans Bodies, Trans Selves is a revolutionary resource—a comprehensive, reader-friendly guide for transgender people, with each chapter written by transgender or genderqueer authors. Inspired by Our Bodies, Ourselves, the classic and powerful compendium written for and by women, Trans Bodies, Trans Selves is widely accessible to the transgender population, providing authoritative information in an inclusive and respectful way and representing the collective knowledge base of dozens of influential experts. It is a welcoming place for transgender and gender-questioning people, their partners and families, students, professors, guidance counselors, and others to look for up-to-date information on transgender life. Edited by Laura Erickson-Schroth.
Transforming: The Bible and the Lives of Transgender Christians

Austen Hartke
277.3083 Har
Transforming: The Bible and the Lives of Transgender Christians provides access into an underrepresented and misunderstood community and will change the way readers think about transgender people, faith, and the future of Christianity. By introducing transgender issues and language and providing stories of both biblical characters and real-life narratives from transgender Christians living today, Hartke helps readers visualize a more inclusive Christianity, equipping them with the confidence and tools to change both the church and the world.

The Transgender Child

Stephanie Brill
Overdrive e-book
This comprehensive first of its kind guidebook explores the unique challenges that thousands of families face every day raising their children in every city and state. Through extensive research and interviews, as well as years of experience working in the field, the authors cover gender variance from birth through college.

Transgender Children and Youth

Elijah Nealy
Adult Non-Fiction - 306.768 Nea
Elijah C. Nealy, a therapist and former deputy executive director of New York City?s LGBT Community Center, and himself a trans man, has written the first-ever comprehensive guide to understanding, supporting, and welcoming trans kids. Covering everything from family life to school and mental health issues, as well as the physical, social, and emotional aspects of transition, this book is full of best practices to support trans kids.

Whipping Girl

Julia Serano
Adult Non-Fiction - 306.768 Ser
Julia Serano, a transsexual woman whose supremely intelligent writing reflects her diverse background as a lesbian transgender activist and professional biologist, shares her powerful experiences and observations -- both pre- and post-transition -- to reveal the ways in which fear, suspicion, and dismissiveness toward femininity shape our societal attitudes toward trans women, as well as gender and
sexuality as a whole. In addition to debunking popular misconceptions about transsexuality, Serano makes the case that today's feminists and transgender activists must work to embrace and empower femininity -- in all of its wondrous forms.