

[About VITAL](#)



vital

Volunteers in Tutoring Adult Learners

Volunteers in Tutoring Adult Learners (VITAL) provides a safe and respectful learning environment for adults who want to improve their reading, writing, math, basic computer, or English-language skills. It offers tutoring, English language groups, and helps learners prepare for the high school equivalency exam, driver's license test, and citizenship test. [Fill out the request form](#) to get started.

Adults of all ages, nationalities, and economic and social backgrounds are welcome. VITAL's learner-centric approach accommodates different learning styles by providing individualized lesson plans and high-quality resources.

Not sure if VITAL is right? Successful students are motivated to learn and have decided for themselves to participate. VITAL might be for someone who has difficulty:

- identifying letters or words
- understanding the newspaper
- filling out forms or standard paperwork
- doing simple math
- reading, writing, or speaking in English
- helping their children with homework
- with resume and job search basics
- with basic computer skills

Adults who struggle with these skills may have dyslexia. Dyslexia affects reading and spelling abilities, and impacts 1 out of 5 people. Take a look at our [What is Dyslexia?](#) page for information and resources about dyslexia.

VITAL may not always be equipped to serve all learner applicants. Indiana University students are not eligible for one-on-one tutoring. Here are some [additional educational and literacy organizations](#) that may be able to assist adult learners. Try these ideas for [talking with a friend or client about reading](#).

Updated July 26, 2021

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(function() { var x = document.createElement("script"); x.type = "text/javascript"; x.async = true; x.src = (document.location.protocol === "https:" ? "https://" : "http://") + "libraryh3lp.com/js/libraryh3lp.js?14734"; var y = document.getElementsByTagName("script")[0]; y.parentNode.insertBefore(x, y); })();
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