

[Volunteer Opportunities](#)

Free one-on-one tutoring for adults is provided by trained volunteers. Topics include reading, writing, math, and English-language skills. Tutors can also help learners prepare for the high school equivalency exam (TASC), driver's license test, and citizenship test.

VITAL's volunteer tutors help thousands of adults attain greater life success through literacy. New tutors attend orientation and training sessions prior to meeting with their assigned learner. All volunteer tutors must be 18 years of age or older.

Tutors are responsible for creating lesson plans and facilitating weekly tutoring sessions. They should plan to spend 2–3 hours per week on tutoring activities, including a minimum of 1.5 hours of tutoring itself, plus additional time for lesson planning. A time commitment of at least 6-month is preferred.

VITAL tutors agree to:

- Meet in a public location (not a private residence)
- Schedule and keep weekly tutoring sessions
- Contact their learner in advance if they must cancel
- Set goals and work towards them
- Be prepared for sessions

To get started, please [sign up to volunteer](#).

Updated February 28, 2022

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(function() { var x = document.createElement("script"); x.type = "text/javascript"; x.async = true; x.src = (document.location.protocol === "https:" ? "https://" : "http://") + "libraryh3lp.com/js/libraryh3lp.js?14734"; var y = document.getElementsByTagName("script")[0]; y.parentNode.insertBefore(x, y); })();
```

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