**Books About Being Sick**

**Picture Books and Younger Elementary**

**Be A Virus Warrior: A Kid’s Guide to Keeping Safe** by Eloise Macgregor
(Juvenile Nonfiction - J 579.2 Mac)
This book explores viruses from start to finish! What is a virus and how do you catch it? How do you keep yourself and other people safe from a virus? Recommended for ages 6–9.

**Bear Feels Sick** by Karma Wilson
(Juvenile Picture Books - Ej Wil)
When Bear is too sick to play, his animal friends go to his cave to make him soup and tea and keep him company. Recommended for ages 3–6.

**Bob, Not Bob!** by Elizabeth Garton Scanlon
(Juvenile Picture Books - Ej Sca)
When a young boy gets a cold, he just wants his mommy. But his stuffy nose makes it difficult for him to call out to his mom, not “Bob,” who happens to be the family dog. Recommended for ages 3–6.

**Cancer Hates Kisses** by Jessica Reid Sliwerski
(Juvenile Picture Books - Ej Sli)
As Mom goes through treatment for cancer, her family supports her with what cancer hates most: love. Recommended for ages 6–9.

**Do Not Lick This Book: It’s Full of Germs** by Idan Ben-Barak
(Juvenile Nonfiction - J 579 Ben)
Min is a microbe. She is small. Very small. In fact, so small that you’d need to look through a microscope to see her. Recommended for ages 6–9.

**Germs Make Me Sick!** by Melvin Berger
(Juvenile Nonfiction - J 616.92 Ber)
This book explains how bacteria and viruses affect the human body and how the body fights them. Recommended for ages 6–9.

**How Do Dinosaurs Get Well Soon?** by Jane Yolen
(Juvenile Picture Books - Ej Yo)
Describes what a young dinosaur should do in order to quickly get over being sick. Recommended for ages 3–6.

**I Want to Be A Doctor** by Laura Driscoll
(Juvenile Nonfiction - J 610.695 Dri)
This early reader explains what a doctor is and what their responsibilities are, including helping people who are sick or hurt. Recommended for ages 3–6.

**Katie Woo Has the Flu** by Fran Manushkin
(Juvenile Early Readers - J-ER Man)
Sneezing, aching, fever, chills. Yikes! Katie Woo has the flu and must miss school while she is stuck in bed with boring soup and toast. Recommended for ages 6–9.

**Llama Llama Home with Mama** by Anna Dewdney
(Juvenile Picture Books - Ej Dew)
Llama Llama’s mother takes good care of him when he has to stay home from school because he is sick. Recommended for ages 3–6.
**Older Elementary**

**Mogie: The Heart of the House**  
*by Kathi Appelt  
(Juvenile Picture Books - Ej App)*  
A rambunctious puppy finds a home at the Ronald McDonald House, a place that houses sick children and their families while they undergo treatment. Recommended for ages 3–6.

**My Mommy Medicine**  
*by Edwidge Danticat  
(Juvenile Picture Books - Ej Dan)*  
When a child wakes up feeling sick, she is treated to a good dose of Mommy Medicine! Recommended for ages 3–6.

**A Sick Day for Amos McGee**  
*by Philip Stead  
(Juvenile Picture Books - Ej Ste)*  
Amos McGee, a friendly zookeeper, always made time to visit his good friends. But one day—“Ah-choo!”—he woke with the sniffles and sneezes. Recommended for ages 3–6.

**The Sniffles for Bear**  
*by Bonny Becker  
(Juvenile Picture Books - Ej Bec)*  
Certain that no one has ever been as sick as he is, Bear resists Mouse’s efforts to cheer him up and cure his cold. Recommended for ages 3–6.

**Sometimes You Barf**  
*by Nancy Carlson  
(Juvenile Picture Books - Ej Car)*  
A sick girl who throws up at school learns that vomiting is sometimes unavoidable and that the sickness—and the embarrassment—will pass. Recommended for ages 3–6.

**Echo’s Sister**  
*by Paul Mosier  
(Juvenile Fiction - J Mosier)*  
Eleven-year-old Echo finds the courage to help her younger sister fight cancer, and in the process, finds the love and support of an entire community. Recommended for ages 9–12.

**The Honest Truth**  
*by Dan Gemeinhart  
(Juvenile Fiction - J Gemeinh)*  
A boy named Mark, tired of being sick with cancer, conceives a plan to climb Mount Rainier, and runs away from home with his dog, Beau. Recommended for ages 9–12.

**Love Like Sky**  
*by Leslie C. Youngblood  
(Juvenile Fiction - J Youngbl)*  
Eleven-year-old Georgie is still adjusting to leaving Atlanta for a small town, having a stepfather, and being unable to get close to her stepsister when her six-year-old sister, Peaches, suddenly becomes very ill. Recommended for ages 9–12.

**More to the Story**  
*by Hena Khan  
(Juvenile Fiction - J Khan)*  
As features editor of her school newspaper, thirteen-year-old Jameela Pervaiz wants to impress her father by writing a spectacular story about the new student, but a misunderstanding and family illness complicate matters. Recommended for ages 9–12.

**The Someday Suitcase**  
*by Corey Ann Haydu  
(Juvenile Fiction - J Haydu)*  
Clover and Danny are best friends, but then Danny comes down with an illness that won’t go away, and the doctors can’t figure out what’s wrong with him. Recommended for ages 9–12.